

# Qualitative Face Fit Testing handout

## What is face fit

Face fit is a process which ensures a person is fitted correctly to a tight-fitting mask. It involves using a hood which is placed over the persons head, this hood is then filled with a harmless substance called Bittrex or Saccharin.

If the person can taste the substance while conducting a series of exercises the mask does not fit.



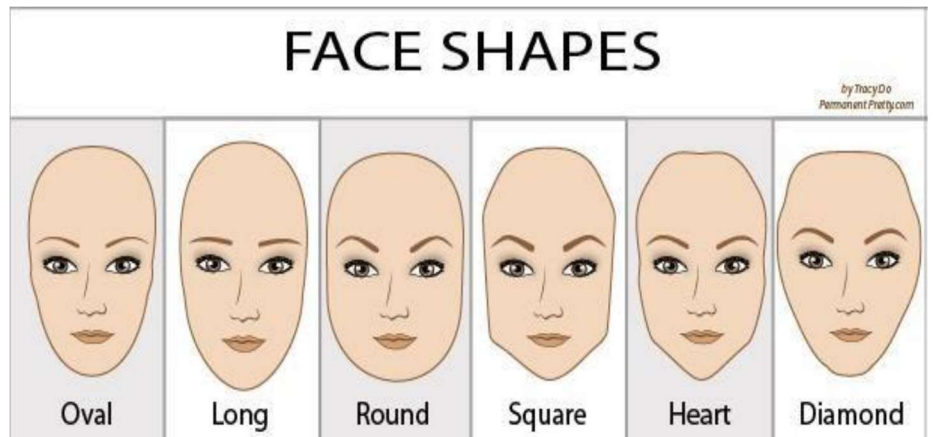
## How long does a face fit test take?

Each session takes approximately 25-30 minutes from start to finish.

## Why is face fit necessary?

We all have different shaped faces; this means that one mask doesn't fit everybody.

Face fit is a method which is used to ensure a mask is suitable for a person.



## What is meant by a tight-fitting mask?

A mask which works by creating a seal around the persons face is regarded as a tight-fitting mask. By creating a seal around the mask when a person breathes in the air is drawn through the filter of the mask allowing the air to be filtered.



## Must I be clean shaven, and can I have a beard with a tight-fitting mask?

You must be clean shaven when wearing a tight-fitting mask, this ensures a good seal around the face when applying the mask. Provided your beard does not interfere with the seal of the mask you can have a beard.

